

1 **Title**

2 Low prevalence of the parasite *Ophryocystis elektroscirrha* at the range edge of the eastern  
3 North American monarch (*Danaus plexippus*) butterfly population

4 **Authors**

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11

**12 Abstract**

13 Every year monarch butterflies (*Danaus plexippus* Linnaeus, 1758) from the eastern North  
14 American population migrate from Mexico to Southern Canada in the spring. This northward  
15 migration has been shown to reduce monarch infection with the host-specific parasite  
16 *Ophryocystis elektroscirrha* (OE) (McLaughlin and Myers, 1970); yet, the prevalence of OE at  
17 their range limits, and the mechanism(s) responsible, is unknown. We assessed OE infection  
18 levels of monarchs at the northern edge of the eastern population distribution around Ottawa,  
19 Canada, and found extremely low levels of infection (~1% with upper confidence intervals close  
20 to 3%). Low OE infection levels are likely due to low densities of monarchs in this region and/or  
21 migratory escape effects, where migrating individuals leave behind areas with high density of  
22 conspecifics and high potential for parasite accumulation and transmission. Future work should  
23 aim to disentangle the relative contribution of these two mechanisms for governing the decrease  
24 in parasitism at the range limits of migratory populations.

**25  
26 Keywords**

27 Monarch butterflies, *Danaus plexippus*, OE, *Ophryocystis elektroscirrha*, range limit, host-  
28 specific parasite, prevalence, disease ecology, migration

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## 31 INTRODUCTION

32 Every spring, monarch butterflies (*Danaus plexippus* Linnaeus, 1758) of the eastern  
33 North America population depart their wintering grounds in the highlands of central Mexico  
34 (Urquhart and Urquhart 1978) and engage in one of the most striking animal migrations in the  
35 world. Individuals born in the previous year leave Mexico in the spring and travel north towards  
36 their breeding grounds across the eastern US to Southern Canada (including southern Quebec,  
37 Ontario and Manitoba), an area covering over 4000 km (Urquhart and Urquhart 1978; Brower  
38 1995; Flockhart et al. 2019a). This northward migration is completed through 3-4 generations. In  
39 contrast, the 'return' fall migration southwards is generally completed in a single generation  
40 (Pryby and Oberhauser 2004; Solensky 2004).

41 Importantly, the migration process is influenced by interactions with the host-specific  
42 neogregarine parasite of monarchs, *Ophryocystis elektroscirrha* (OE) (McLaughlin and Myers,  
43 1970). Infection with OE can be detrimental to monarchs and may impact population density  
44 and persistence (Altizer et al. 2004). For example, infection has been shown to kill pupae, lead to  
45 unsuccessful eclosion, shorter female life span (De Roode et al. 2008), wing malformations and  
46 decreased flight ability (Bradley and Altizer 2005). It has also been shown to reduce body size  
47 and reproductive success (Altizer and Oberhauser 1999).

48 OE only infects its host when monarch larvae ingest dormant spores (i.e. gregarine  
49 oocyte stage) scattered on their egg, which larvae eat upon eclosion, or on *Asclepias* spp., the  
50 host plants used by adult butterflies (McLaughlin and Myers 1970; De Roode et al. 2009). After  
51 ingestion, OE sporozoites migrate to the hypoderm, reproduce, and spores are deposited in the  
52 butterfly cuticle, predominantly on the abdomen (McLaughlin and Myers 1970). Upon  
53 emergence, infected hosts may carry millions of oocytes (McLaughlin and Myers 1970; Leong et

54 al. 1992). There are three hypothesized transmission pathways of OE. Maternal (vertical)  
55 transmission occurs during oviposition (McLaughlin and Myers 1970) and is thought to account  
56 for over 90% of OE transmission (Altizer et al. 2004). Female butterflies transmitting the spores  
57 could be infected themselves, and therefore may carry high loads of OE, or might be uninfected  
58 but still carry low spore loads following mating or contact with infected adults (i.e., adult  
59 transmission (Altizer et al. 2004). Alternatively, infected butterflies resting or nectaring on  
60 milkweed can release OE spores that accumulate and are later consumed by monarch larvae (i.e.,  
61 environmental transmission; Altizer et al. 2004). Although OE is host-specific to monarchs, there  
62 is current debate on whether they also infect an species absent in our study area, Queen  
63 butterflies (*Danaus gilippus* Cramer, 1775) (Barriga et al. 2016).

64 While OE infection seems to occur in almost all monarch populations in the world  
65 (Altizer and de Roode 2015), the prevalence of the infection (i.e. the percentage of infected  
66 individuals) can vary considerably among populations anywhere from 5% up to 100% in some  
67 populations (Altizer et al. 2000). It has been noted previously that the eastern North America  
68 population has lower OE prevalence than the western North America population, which covers a  
69 shorter migratory range from Mexico along the coast of California, and the non-migratory  
70 populations in the gulf of Mexico (Altizer et al. 2000).

71 There are two main theories thought to explain the variation in parasite prevalence within  
72 and among migrating monarch populations. The migratory escape hypothesis proposes that as  
73 individuals migrate, they leave behind areas where the density of conspecifics has been  
74 increasing and thus have higher potential for parasite accumulation and transmission (Folstad et  
75 al. 1991; Loehle 1995). Indeed, eastern monarchs travelling north during the breeding season are  
76 thought to benefit from migration-facilitated escape from contaminated habitats where OE

77 accumulates over time due to increasing densities of hosts and parasite (Bartel et al. 2011;  
78 Flockhart et al. 2018). Alternatively, the migratory culling hypothesis contends that due to the  
79 high energetic demands of migration, infected individuals face higher mortality than uninfected  
80 individuals during migration and are therefore disproportionately removed from the population  
81 (Bartel et al. 2011). This process is thought to occur during the fall migration, when individuals  
82 travel longer distances and experience higher energetic demands, leading to lower prevalence in  
83 monarchs as they move southward (Bradley and Altizer 2005; Altizer et al. 2011, 2015; Bartel et  
84 al. 2011). Thus, northward and southward migration is thought to support different parasite  
85 release processes.

86 Despite extensive study of the eastern North America monarch population (Altizer and de  
87 Roode 2015), the prevalence of OE at the northern range limit remains unclear. In particular,  
88 additional ecological mechanisms at range limits could influence OE prevalence in their monarch  
89 hosts. For example, the low density and decreased connectivity that is typical of subpopulations  
90 of organisms at their distribution edge (Sexton et al. 2009) has been shown to be insufficient to  
91 support stable parasite populations in other species (Gaston 2009) and can constrain re-  
92 colonization of parasites following local extinctions (e.g. Keeling et al. 2004; Kaunisto et al.  
93 2015). Understanding infection patterns at the northern edge of the monarch distribution is  
94 important as these are sites predicted to have increased presence of monarchs and milkweed  
95 under some climate change scenarios (Lemoine 2015).

96 We surveyed monarch butterflies and their OE infection rates around Ottawa, Canada,  
97 which is at the northern range limit of the eastern North American population. Migrating  
98 monarchs consistently reach this region every year, whereas the presence of monarchs in sites  
99 further north is less reliable (Flockhart et al. 2019b). We predicted that monarchs in this region

100 would have extremely low or no infection by OE based on previous support for the migratory  
101 escape hypothesis and the seasonality and length of growing season at this latitude. Monarch  
102 residency time is thought to be shorter in this region than further south due to the distance from  
103 the overwintering grounds, the shorter growing season, and the earlier defoliation of milkweed in  
104 the fall (Bhowmik and Bandeen 1976). These factors reduce the accumulation time for parasites,  
105 restrict the host population density, and reduce the accumulation of OE spores through the  
106 season and eliminate them from one year to the next.

107

## 108 **METHODS**

### 109 *Field collections*

110 We collected eggs, larvae and adults at 29 locations across the city of Ottawa and its  
111 surroundings (Figure 1) between June 18<sup>th</sup> and September 25<sup>th</sup> 2019 (i.e., covering the monarch  
112 breeding season in our region). We collected these samples opportunistically as part of other  
113 projects looking into milkweed phenology and milkweed-specialist community diversity. All our  
114 collections were done at sites where common milkweed (*Asclepias syriaca* L.), the main host  
115 plant for monarch larvae in the region, was present. These sites covered diverse land-use types:  
116 urban, suburban, forested and old fields. They spanned an East-West distance of approximately  
117 70 km, and a North-South distance of approximately 23 km (Figure 1). At each site, we  
118 inspected at least 60 milkweed plants for eggs and larvae. We noted the instar at the time of  
119 collection and transported them to our laboratory at the University of Ottawa to be reared into  
120 adults (see below). We also attempted to capture adults that were within 10 m of us, and estimate  
121 that our capture success rate was about 30%. We trapped adults with butterfly nets, sampled OE

122 *in situ* (see below) and then released individuals. In the rare instance when we sampled multiple  
123 adults at the same site and day, we kept track of each individual to avoid resampling.

124

### 125 ***Larval rearing***

126 Eggs and larvae were reared in a controlled environmental chamber (Biochambers Inc.,  
127 model LTCB-19), with a 12:12 hour light-dark cycle, constant humidity of 60% and a  
128 temperature of 28°C during the light cycle and 26°C during the dark cycle, approximating the  
129 optimal temperature for larval development (i.e. 27°C - Zalucki 1982; Nail et al. 2015) and OE  
130 reproduction (Lindsey 2008). That is, raising hosts and parasite at their optimal temperature  
131 increased our chances of detecting whether OE is present in our study area. Larvae were housed  
132 individually in 500 ml plastic or glass containers with a fine mesh lid and were fed *ad-libitum*  
133 once a day with fresh common milkweed leaves collected from a single site in the field (site of  
134 collection varied daily). We checked that leaves were free of dirt but did not wash them with  
135 diluted bleach as we were more concerned by the potential negative effects of bleach on the  
136 larvae than possible cross infection from OE spores left by infected adults on our milkweed. We  
137 deemed the risk of OE accidental infection low because monarch densities in our study area are  
138 very low: based on 32 site visits (10 sites visited twice, and 12 with a single visit) between July  
139 9<sup>th</sup> and September 17<sup>th</sup>, we found an average number of 0.016 monarch larvae per milkweed stem  
140 (no monarchs were found during 17 visits, 266 stems checked on average per site visit) (Dargent  
141 et al. *unpublished*). We removed frass and cleaned cages every two days to maintain clean  
142 conditions. Upon formation of a chrysalis, we checked the cage daily until an adult emerged.  
143 Adults were then sampled for OE infection.

144

145 ***OE sampling***

146       Following the methods of Altizer et al. (2000) we collected OE spores by placing a 1 inch  
147 clear envelope sticker (Pop Resin) on the abdomen of each adult and then placing it on a 3x5  
148 inch index card. Cards were then inspected under a light optical microscope at 40x and the whole  
149 surface was inspected for OE. When OE was detected, we estimated the number of OE spores  
150 following Altizer et al. (2000). All laboratory-reared adults were sexed and sampled for OE  
151 within a day of eclosion.

152  
153 ***Analysis***

154       We estimated 95% confidence intervals for prevalence using the adjusted bootstrap  
155 percentile (BCa) method with 1000 resamplings. We performed analyses using the “boot”  
156 package (Canty and Ripley 2019) in R (R Core Team 2018).

157       To provide a broader Canadian context to our results, we also calculated prevalence on a  
158 subset of the Flockhart et al. (2018) publicly available dataset collected in 2011 (Flockhart et al.  
159 2018– Appendix S2). Since we wanted to evaluate prevalence in the northeastern portion of the  
160 range (i.e. southeastern Canada), we used data north of 42.5777°N and east of 83.4511°W, which  
161 is roughly between the northeast point of Windsor, Ontario and southwest of Ottawa (Figure 1).

162  
163 **RESULTS**

164       We collected 140 pre-adult individuals that were reared in the laboratory ( $n= 65$  males,  
165 74 females, 1 unidentified) from 28 out of 29 locations surveyed (mean  $\pm$ SEM individuals per  
166 location: males= $2.5\pm 0.3$ ; females= $2.3\pm 0.3$ ; total= $4.8\pm 0.4$ ) (Figure 1, Table S1). We sampled 27  
167 adult butterflies in the field ( $n= 12$  males, 14 females, 1 unidentified) at 10 locations (mean

168  $\pm$ SEM individuals per location: males=1.1 $\pm$ 0.3; females=1.5 $\pm$ 0.3; total=2.7 $\pm$ 0.4;) (Figure 1,  
169 Table S2).

170 Out of these 167 individuals, only one female, collected as an egg and reared in the lab,  
171 was infected with OE. It had a high infection (>1000 spores). Thus, if we consider our samples to  
172 be truly independent (i.e., each offspring laid by a different mother), OE infection prevalence in  
173 the city of Ottawa and its surroundings was 0.6% (0, 1.8 95% CI). Alternatively, to account for  
174 potential pseudo-independence (each mother lays more than one egg per day and site), we also  
175 tested prevalence assuming that on a given sampling day, only samples from adults, and different  
176 pre-adult developmental stages from the same site, were independent ( $n=90$ ). For example, all  
177 first instar larvae collected on the same date and at the same location were treated as only one  
178 sample. With this conservative approach, we estimated prevalence to be 1.1% (0, 3.33 95% CIs)  
179 out of 90 samples.

180 In comparison, 59.1% of the butterflies ( $n=98$ ) from the Flockhart et al. (2018) dataset  
181 were infected with OE at a low level (i.e. <100 spores) and 14.3% at a high level (i.e. >100  
182 spores). Spore loads of less than 100 may reflect the attachment of spores to an adult, which does  
183 not have any effect on the condition of that adult per se (i.e., not a 'true' infection). A 'true'  
184 infection follows spore consumption as a larvae (De Roode et al. 2007, 2009).

185

## 186 **DISCUSSION**

187 We collected monarch butterflies from 29 locations at the northern edge of the  
188 distribution of the eastern North American population and found exceptionally low levels of  
189 infection (~1% with upper confidence intervals close to 3%) with the parasite *Ophryocystis*  
190 *elektroscurrha* (OE). Previous assessments of OE infection levels for the entire eastern North

191 American population report the prevalence of infected individuals (i.e. carrying >100 spores) to  
192 be 7% (Altizer and de Roode 2015). However, infection levels range between 2.5% and 18%  
193 among years in the northeast part of the population (Bartel et al. 2011). Our OE estimates were  
194 also lower than the ones extracted from data collected south of our study area in southeastern  
195 Canada (Flockhart et al. 2018). Importantly, the northernmost collection site (45.10318°N,  
196 75.22101°W) for the region sampled by Flockhart et al. (2018) is approximately 35 km south of  
197 our study area, and thus closer to the core of the monarch distribution than our samples. This  
198 could help explain why their estimate of prevalence was higher than ours (approximately 10%  
199 based on Figure 3 – Flockhart et al. 2018). Although variability in OE infection levels among  
200 years and locations can be high (e.g. Bartel et al. 2011), our comparatively low estimate of  
201 prevalence suggests that, at least within the year sampled, individuals at the northern edge of  
202 their distribution may experience lower infection levels than individuals closer to the core of  
203 their distribution.

204 There are two factors related to migration and edge effects that likely explain the low OE  
205 infection levels we found at the northern range edge. First, previous studies have found infection  
206 patterns related to the northward migration of the eastern North America population during the  
207 spring/summer breeding period consistent with the migratory escape hypothesis. Specifically,  
208 that prevalence increases over the season in all areas (as monarch populations grow), southern  
209 areas have higher infection rates than northern ones (Bartel et al. 2011; Flockhart et al. 2018),  
210 and monarch larval density is positively correlated with OE prevalence (Bartel et al. 2011).  
211 Additionally, during the spring/summer migration, regional differences in prevalence are  
212 attributable to differences in local infection levels rather than due to differential migration  
213 distances between infected and non-infected individuals (i.e. migratory culling) (Flockhart et al.

214 2018). Our findings are consistent with these studies and suggest that the process of migratory  
215 escape leads to lower OE prevalence at the limits of the geographic distribution.

216 Second, the low density of monarchs at their range edge may be insufficient to maintain  
217 its host-specific parasite, as seen in other host species (e.g. holly leaf-miners attacked by  
218 parasitoids (Brewer and Gaston 2003); Asian house geckos infected by mites (Coates et al.  
219 2017); bumblebees under nest parasitism by *Psytirus spp.* cuckoo bumblebees (Antonovics and  
220 Edwards 2011). Models by Flockhart et al. (2019b) using community science data show that  
221 monarch density is lower in this part of their northern range than in more southern areas. Indeed,  
222 we found lower density at our sites than Bartel et al (2011) did in their northeastern Region  
223 (>36°30' N). Additionally, since monarch adults cannot become infected (only carry spores if  
224 they become exposed) and infection can only occur through ingestion by larvae (McLaughlin  
225 and Myers 1970), transmission opportunities might be constrained even further than for other  
226 species living at their range edge. In combination, these two mechanisms could explain the  
227 exceptionally low OE prevalence at our sites. Future work should aim to disentangle the relative  
228 contribution of these two mechanisms for decreasing parasitism at the range limits of migratory  
229 populations.

230 Despite our estimate of prevalence being based on 167 individuals, we do not think our  
231 results reflect a limited ability to detect higher prevalence levels (i.e. low detection). While we  
232 had a smaller sample than broader-scale studies that rely on community science data (e.g. Bartel  
233 et al. 2011; Flockhart et al. 2018), we had a better sampling effort (e.g. number of collected  
234 individuals per km<sup>2</sup>) than other studies done in nearby regions (e.g. Flockhart et al. 2018). This  
235 sampling effort, combined with our sampling during the breeding season in our region, increases

236 our confidence that our prevalence estimate accurately reflects typical OE loads in our study  
237 area.

238 Our study suggests that the current prevalence of OE infection at the northern range edge  
239 of the Eastern North American monarch population is very low. As our samples are from a single  
240 year in a relatively small area, longer-term studies of OE infection across a larger geographical  
241 extent are needed to determine the temporal dynamics of OE infection in this region. Actions to  
242 protect monarch populations should integrate disease dynamics across the whole distribution  
243 range and evaluate the broader impacts of parasite evasion at the range limits.

244

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255

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367

368 **Figure 1:** Eastern Canada monarch sightings, location of collection sites and sample size.  
 369 Monarch sightings in Eastern Canada reported by citizen scientistis in eButterfly (Larrive et al.  
 370 2018a) and Mission Monarch (Larrive et al. 2018b) from 2016-2018 in red, and samples  
 371 collected by Flockhart et al. (2018) in yellow. The inset shows our 2019 collection sites (red  
 372 dots) in the Ottawa region relative to land use types (Agriculture and Agri-Food Canada 2010).  
 373 The size of the dots is scaled to the number of individuals we collected at each site. This figure  
 374 was created using in package “raster” version 3.3-7 (Hijmans 2020) in R (R Core Team 2018)

375 version 3.6.3 and assembled from the following data source (raster): Land Use 2010 (Agriculture  
376 and Agri-Food Canada 2010).

